

eat BREAKFAST (ALL DAY)

TOAST 6.0 *

organic light rye sourdough, turkish or gluten free wholegrain with butter & your choice of housemade jam, vegemite or local honey

BIRCHER MUESLI 12.5

byron bay organic muesli, apple juice, yoghurt, granola, fresh seasonal fruit & local honey

BACON & EGG ROLL 10.5 *

fried egg, bacon, hash brown, cheddar & relish

SAUTEED MUSHROOMS & SPINACH ON TOAST 10.5 *

two free range poached eggs, light rye sourdough, feta & caramelised balsamic

AVOCADO SMASH 10.5 *

panfried haloumi, cherry tomatoes, baby spinach, sourdough & lemon wedges

BREKKY WRAP 12.5

cheesy scrambled eggs, bacon, baby spinach, lightly toasted tortilla & housemade tomato relish or aioli

FREE RANGE EGGS ON TOAST 10.5 *

poached, fried or scrambled, turkish, roasted cherry tomatoes & housemade tomato relish

SAVOURY MINCE 16.5 *

poached eggs, light rye sourdough, roasted cherry tomatoes, rocket & caramelised balsamic

BUCKWHEAT BREAKFAST CREPE 18.5 *

tomato, cheddar & zucchini filling, bacon, avo smash & poached egg, rocket salad & lemon wedge

BAKED EGGS 18.5 *

Chorizo, tomato & capsicum sauce, toasted sourdough, labneh & rocket

EGGS BENEDICT *

BACON 16.5 • SMOKED SALMON 18.5

poached eggs, baby spinach, sourdough & housemade hollandaise

VEGETARIAN BREAKFAST 18.5 *

poached eggs, mushrooms, avocado, haloumi, baby spinach, roasted cherry tomatoes, sourdough & housemade pesto

THE BIG BREAKFAST 18.5*

fried eggs, bacon, chipolatas, mushrooms, hash browns, roasted cherry tomatoes, sourdough & housemade tomato relish

EXTRAS

avocado, mushrooms, baby spinach	3.5
bacon, chipolatas, two eggs, haloumi	4.0
smoked salmon	5.0
hash browns, hollandaise	4.0
extra slice toast (your choice)	2.5
jam, vegemite, local honey	1.0



*Gluten free options available

eat LUNCH (ALL DAY)

BOWL OF CHIPS 8.5

thick cut beer battered chips & aioli

TOMATO, RED LENTIL, CORIANDER SOUP 10.5 *

garlic & herb sourdough, yoghurt

FRITTATA OF THE DAY & SALAD 10.5 *

garden salad, vinaigrette

SWEET POTATO & LENTIL PATTIES & SALAD 12.5

garden salad, vinaigrette

SPINACH & FETA FILO & SALAD 12.5

garden salad, vinaigrette

LAMB & ROSEMARY FILO & SALAD 12.5

garden salad, vinaigrette

GOURMET SANDWICHES – TOASTED

- | | |
|--|---------------|
| #1 SHAVED HAM | 9.0* |
| cheddar, tomato | |
| #2 SMOKED SALMON | 12.5 * |
| cream cheese, avo, red onion, baby spinach | |
| #3 ROAST CHICKEN | 11.5 * |
| avo, sundried tomato, cheddar, pesto mayo, lettuce | |
| #4 ROAST EGGPLANT | 11.5 * |
| capsicum, rocket, feta, pesto, aioli | |
| #5 SWEET POTATO & LENTIL PATTY | 11.5 |
| beetroot, carrot, curried tahini dressing, sweet chilli relish | |
| #6 CLUB SANDWICH | 13.5 * |
| bacon, chicken, cheddar, avo, tomato, lettuce, mayo | |

Add a side of thick cut beer battered chips & aioli **3.5**

BEEF BURGER 19.5

housemade beef patty, cheddar, bacon, fried egg, caramelised onion, grated beetroot, tomato, lettuce, mayo, bbq sauce, turkish roll, thick cut chips & aioli

CAJUN CHICKEN BURGER 19.5 *

mildly spiced chicken breast, tomato, avocado, red onion, cheddar, sour cream, salsa, lettuce, turkish, thick cut chips & aioli

ROAST VEG & HALOUMI BURGER 19.5 *

Eggplant, pumpkin, zucchini, capsicum, sun dried tomatoes, haloumi, pesto, mayo, lettuce, turkish, thick cut chips & aioli

BLAT 18.5 *

Bacon, lettuce, avocado, tomato, turkish bread, thick cut chips & aioli

VERDE SALAD 14.5 *

avocado, cucumber, red onion, marinated artichokes, bean & alfalfa sprouts, toasted pepitas, lettuce, seeded mustard vinaigrette

CAESAR SALAD 15.5 *

poached egg, bacon, housemade croutons, parmesan, lettuce, creamy caesar dressing (anchovies optional)



***Gluten free options available**

drink

Tim Adams Specialty Coffee House Blend 3.5

short, long, piccolo, macchiato, flat white, cappuccino, latte

Molinaro Fair Trade Organic Espresso 3.5

short, long, piccolo, macchiato, flat white, cappuccino, latte

TEA DROP LOOSE LEAF TEAS 3.5

English Breakfast	Peppermint
Earl Grey	Chamomile
Malabar Chai	Dandelion
Spring Green	Turmeric
Lemongrass & Ginger	

HOT CHOCOLATE 3.5

marshmallows

TURMERIC LATTE 3.5

turmeric spice blend, coconut milk, cinnamon

CHAI LATTE 3.5

Chai syrup, milk, cinamon

ICED LATTE 4.5

espresso shot, milk, ice

ICED COFFEE, ICED CHOCOLATE 6.5

ice-cream, milk, whipped cream

CANARINO DIGESTIVO 3.5

Lemon rind, fresh mint steeped in hot water

EXTRAS .5

mug / espresso shot / Bonsoy / Almond / Zymil / Coconut
syrups caramel / vanilla / hazelnut / chai

JUICES

Small 6.5 Medium 7.5 Large 9.5

Try one of ours or get creative...

Tropical	pine, mango, passionfruit
Orange Buzz	orange, carrot, apple, ginger
Veggie Patch	beetroot, carrot, celery
Simply Red	watermelon, raspberry, mint
Green Juice	green apple, cucumber, celery, lemon, ginger

SMOOTHIES

Small 6.5 Medium 7.5 Large 9.5

Try one of ours or get creative...

Banana	banana, icecream, milk, honey
Lychee Cooler	lychees, mint, ice
Mango Lassi	mango, yoghurt, honey, ice
Green Smoothie	spinach, banana, pineapple, mango, LSA mix, almond milk, maple syrup
Triple Berry	strawberry, blueberry, raspberry, icecream, milk

THICKSHAKES

Small 6.5 Medium 7.5 Large 9.5

Chocolate, strawberry, vanilla, caramel, malted



*Gluten free options available